

DOCTOR DISCUSSION GUIDE

**Bring this document with you to help
you talk to your doctor about shingles vaccination.**

Am I at risk for shingles?

How can I prevent shingles?

Which shingles vaccine is right for me?

How many doses of the vaccine will I need?

Can you help me keep track of my doses?

I can't remember if I've had chickenpox, should I still get a shingles vaccine?

Are there any side effects I should be worried about?

Notes:

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